

# Krav Maga / Kapap

General Notes

Spotting A Suicide Bomber

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# Tell Tale Signs Of A Suicide Bomber

Based on an Israeli Police publication - Guidelines to the public on how to spot tell-tale signs of a suicide bomber.

1. Clothes: Inappropriate clothing, too large, too heavy in order to hide their explosives and may also be inappropriate for the weather conditions/climate.
2. Manner of walking: Usually strange because of the weight of explosives or the taking of a narcotic substance. Sometimes described as robotic or zombie like.
3. Facial expressions: Signs of tension, anxiety, sweating, possible spasm and ticks in the facial muscles.
4. Rapid breathing and rapid heartbeat. Although the bomber may also be actively attempting to control their breathing to prevent hyperventilating.
5. Eyes: Focussed, Often tunnel vision looking straight at the target without turning left or right.
6. Lips: Mumbling, maybe saying prayers or talking to oneself.
7. Packages: Rucksack, bags or boxes (maybe wrapped gifts) containing explosives.
8. Lack of Response: Fails to respond to any shouting. Shows nervous behaviour and irritability, may appear spaced out or high on drugs
9. Facial colouring: Slightly-lighter colour of facial skin (tan line) due to most male bombers shaving their beard just before the operation.
10. Smell: Possible strong perfume worn to disguise smell of chemicals or explosives or a strong smell of chemicals. Some explosives smell similar to car oils or have a “earthy” smell while others can be odourless.
11. Hands: Check their hands, can you see them or are they hidden. Are they holding anything!